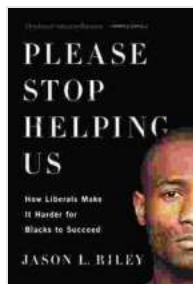


# Please Stop Helping Us: How to Take Control of Your Life and Stop Letting Other People Tell You What to Do



## Please Stop Helping Us: How Liberals Make It Harder for Blacks to Succeed by Sabrina Rivers

★★★★☆ 4.8 out of 5

Language	: English
File size	: 879 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 208 pages



Are you tired of people trying to help you? Do you feel like you're always being told what to do and how to live your life? If so, then you need to read 'Please Stop Helping Us'.

This book will show you how to take control of your life and stop letting other people tell you what to do. You'll learn how to:

- Set boundaries and say no to unwanted help
- Trust your own instincts and make your own decisions
- Live your life on your own terms

'Please Stop Helping Us' is a must-read for anyone who wants to live a more independent and fulfilling life. It's time to take control of your life and stop letting other people tell you what to do.

## What Others Are Saying About 'Please Stop Helping Us'



***“This book is a game-changer. It's helped me to finally take control of my life and stop letting other people tell me what to do.” - Sarah J.***



***“I've always been a people-pleaser, but this book has taught me how to set boundaries and say no to unwanted help. It's been a life-changer.” - John D.***

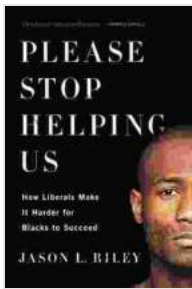


***“This book is a must-read for anyone who wants to live a more independent and fulfilling life. It's time to take control of your life and stop letting other people tell you what to do.” - Mary S.***

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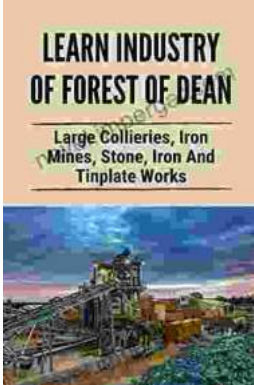
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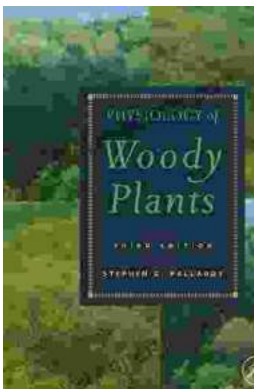
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